

January 03, 2021
La Jolla Christian Fellowship
Uncharted Sermon Series
Episode 1: The Emotional Intelligence of Jesus
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Mark 1:29-45

²⁹ As soon as they left the synagogue, they went with James and John to the home of Simon and Andrew. ³⁰ **Simon's mother-in-law was in bed with a fever, and they immediately told Jesus about her.** ³¹ **So he went to her, took her hand and helped her up. The fever left her and she began to wait on them.** ³² **That evening after sunset the people brought to Jesus all the sick and demon-possessed.** ³³ The whole town gathered at the door, ³⁴ and Jesus healed many who had various diseases. He also drove out many demons, but he would not let the demons speak because they knew who he was. ³⁵ **Very early in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place, where he prayed.** ³⁶ **Simon and his companions went to look for him,** ³⁷ **and when they found him, they exclaimed: "Everyone is looking for you!"** ³⁸ Jesus replied, "Let us go somewhere else—to the nearby villages—so I can preach there also. That is why I have come." ³⁹ So he traveled throughout Galilee, preaching in their synagogues and driving out demons. ⁴⁰ **A man with leprosy came to him and begged him on his knees, "If you are willing, you can make me clean."** ⁴¹ **Jesus was indignant.** He reached out his hand and touched the man. "I am willing," he said. "Be clean!" ⁴² Immediately the leprosy left him and he was cleansed. ⁴³ **Jesus sent him away at once with a strong warning:** ⁴⁴ **"See that you don't tell this to anyone. But go, show yourself to the priest and offer the sacrifices that Moses commanded for your cleansing, as a testimony to them."** ⁴⁵ Instead he went out and began to talk freely, spreading the news. As a result, Jesus could no longer enter a town openly but stayed outside in lonely places. Yet the people still came to him from everywhere.

Lewis and Clark Pioneer (PIC 1)

COURAGE TO INCONVENIENCE YOURSELF

10 Characteristics of High Emotional Intelligence: 1. Open-Minded 2. Articulate Feelings 3. Empathetic 4. Observant 5. Leads by Example 6. Active Listener 7. Self-Agency 8. Helpful 9. Balanced 10. Transparent

Anybody can become angry—that is easy; but to be angry with the right person, and to the right degree, and at the right time, and for the right purpose, and in the right way—that is not within everybody's power and is not easy. **Aristotle (PIC 2)**

Jesus was more than intellectually intelligent. Christ was also highly emotionally intelligent—Jesus debates the scholars as a child: Luke 2:47 Everyone who heard him was amazed at his understanding and his answers.

The Emotional Intelligence Of Jesus

1. Active Listening, Helpful *Jesus was available

- a. **Availability- Vs. 30** Simon's mother-in-law was in bed with a fever, and they immediately told Jesus about her. **31** So he went to her, took her hand and helped her up. **The fever left her and she began to wait on them. 32 That evening after sunset the people brought to Jesus all the sick and demon-possessed.**
- b. **Open Minded:** Not only did Jesus heal on the sabbath, but Peter's mother-in-law waited on Jesus before the sun set on the sabbath.

2. Balance, Lead by Example, Self-Agency Pic 3 Tom Cruise

- a. **Vs. 35** Very early in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place, where he prayed.

3. Strong Sense of Self and Purpose, Empathy, , Healthy Boundaries

- a. **Strong Sense of Self and Purpose Vs. 36** Simon and his companions went to look for him, ³⁷ and when they found him, they exclaimed: **"Everyone is looking for you!"** Jesus replied, "Let us go somewhere else—to the nearby villages—so I can preach there also.

Jesus had every reason to let ambition, pride, conceit or a host of other motivations control his narrative.

- b. **Empathy: Vs. 40** A man with leprosy came to him and begged him on his knees, "If you are willing, you can make me clean." ⁴¹ **Jesus was indignant.** He reached out his hand and touched the man. "I am willing," he said. "Be clean!"
 - i. **"It's difficult to partner with Jesus in healing the world when you don't have the ability to recognize the pain."**
- c. **Boundaries: Vs. 43** Jesus sent him away at once with a strong warning: ⁴⁴ "See that you don't tell this to anyone. But go, show yourself to the priest and offer the sacrifices that Moses commanded for your cleansing, as a testimony to them."
 - i. "It's difficult to partner with Jesus in healing the world when you lack self-autonomy."

Manifest destiny was a widely held cultural belief in the [19th-century United States](#) that [American settlers](#) were destined to expand across [North America](#). There are three basic themes to manifest destiny:

- The special virtues of the American people and their institutions
- The mission of the [United States](#) to redeem and remake the west in the image of the [agrarian East](#)
- An irresistible destiny to accomplish this essential duty^[3]